

1 **Exploring the in vitro protein digestive behaviors of pork sausage models based on NaCl**
2 **level-dependent gel properties**

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Abstract

This study investigated the impact of varying NaCl concentrations on the gel properties and *in vitro* digestive behavior of pork sausage models. Meat batters formulated with pork shoulders were prepared with NaCl concentrations of 1.0, 1.5, and 2.0% (w/w). NaCl 2.0% yielded the lowest actomyosin content (33.46%) and highest total protein solubility (0.61 g/g) in the batter ($p < 0.05$), followed by 1.5% (34.72% and 0.56 g/g, respectively) and 1.0% (42.19% and 0.55 g/g, respectively). Subsequently, pork sausage models were produced by placing the batters in stainless-steel cans, vacuum-packing, and heating. The sausages prepared with NaCl 2.0% exhibited the lowest cooking loss (2.8%, $p < 0.05$), with corresponding the highest hardness and cohesiveness values of 102.47 N and 0.44, respectively, among the treatments ($p < 0.05$). *In vitro* gastric digestion revealed that lower NaCl concentrations (1.0% and 1.5%) led to a higher release of α -amino groups (0.29 and 0.31 mM/g, respectively) than NaCl 2.0% (0.24 mM/g, $p < 0.05$) with the larger and more aggregated gel particles in the fluorescence microscopic images and thicker protein bands in the electrophoretograms. However, after the small intestinal digestion, NaCl 1.0% retained the highest release of α -amino groups (2.19 mM/g, $p < 0.05$), whereas NaCl 1.5% had the lowest value (1.96 mM/g, $p < 0.05$). These findings illustrate that the variations in the physicochemical and gel properties of pork sausages depending on the NaCl levels result in the different *in vitro* protein digestive behaviors.

Keywords: pork sausage, NaCl, protein digestibility, *in vitro* digestion, gel properties

34

Introduction

35 As income levels increase, consumer diets become more varied, leading to a continuous rise in meat product
36 consumption [1-3]. The market for diverse meat products is expanding alongside the growth in single-person
37 households and a trend towards simpler diets. Various ingredients and food additives have been introduced to
38 enhance the sensory and functional qualities of meat products [4, 5]. Salt, a critical ingredient used in meat
39 processing, improves myofibrillar protein solubility and enhances the functional properties of the meat, such as
40 gel formation, water-holding capacity, and emulsification [6]. It also contributes to flavor and texture enhancement
41 and ensures microbiological safety [7].

42 The formation of meat protein gels through heating creates a three-dimensional network, primarily involving
43 interactions between proteins, especially myosin [8]. The outer structure of the gel is mostly composed of
44 insoluble proteins, while the inner structure is mainly composed of solubilized proteins [9]. The structure and
45 properties of the gel are influenced by the degree of myosin cross-linking, which in turn is affected by protein
46 solubility [10]. Post-slaughter ATP depletion leads to the formation of a cross-linked actomyosin complex,
47 reducing the solubility and gel-forming capability of the myofibrillar proteins [11]. Therefore, dissociating
48 actomyosin is essential for enhancing the soluble myosin and actin content, thereby improving myofibrillar protein
49 solubility. This improvement facilitates gel formation during heating by increasing water and lipid holding
50 capacities [12]. As salt is added, it dissolves myofibrillar proteins, boosting their solubility and contributing to the
51 formation of a strong gel [13].

52 Gel properties are crucial for determining the digestibility and texture of meat products. When ingested, the
53 bolus enters the stomach and is subjected to the acidic gastric fluid, leading to protein denaturation and structural
54 unfolding [14, 15]. Digestive enzymes in the gastrointestinal (GI) tract act on the exposed areas, resulting in
55 protein degradation [16, 17]. During this process, the extent of physicochemical denaturation and gel dissociation
56 plays a vital role in exposing substrates to digestive enzymes [18]. At the supramolecular level, the extent of
57 protein denaturation significantly affects the exposure of the cleaving sites, while the surface morphology or
58 strength of the gel is also vital, as it influences the mechanical breakdown and enzyme movement during digestion
59 [10]. Compact gel networks tend to slow the breakdown process, impeding protease access and movement [19].

60 Hence, variations in the NaCl content of meat products can significantly affect digestibility and sensory quality
61 by altering the gel properties. This study sought to explore the physicochemical properties of gels in a sausage
62 model with different NaCl concentrations (1.0, 1.5, and 2.0%, w/w) and to assess their digestibility during *in vitro*
63 digestion. We hypothesize that protein solubility and actomyosin content vary with NaCl concentration, leading
64 to differences in gel strength, protein denaturation, and, ultimately, digestibility.

65

66

Materials and methods

Sausage model preparation

68 The pork picnic shoulder and back fat utilized in this experiment were acquired from a local market (Daejeon,

69 Korea). The meat batters were formulated by incorporating 1.0, 1.5, or 2.0% (w/w) NaCl. For the preparation of
70 the meat batters, ground pork meat (60%, w/w), back fat (20%, w/w), and ice (20%, w/w) were blended using a
71 bowl cutter (C4 VV; Sirman SpA, PD, Italy). Sodium phosphate at a concentration of 0.3% (w/w) was then added
72 and mixed for 1 min, followed by the addition of NaCl (1.0, 1.5, and 2.0%, w/w) and another min of mixing.
73 Subsequently, isolated soybean powder (1.0%, w/w), sodium nitrite (0.01%, w/w), and L-ascorbic acid (0.02%,
74 w/w) were incorporated and mixed for 2 min. Ice was added intermittently throughout the whole process to keep
75 the temperature below 2°C. The resulting meat batters (45 g) were encased in stainless-steel containers with a 5
76 cm diameter, vacuum-packed (DWC-160, Duckwo Machinery, Jangseon, Korea), stored at 4°C for 12 h, and
77 then used to create pork gels as sausage models. The meat batters were thermally processed in a water bath at
78 80°C until the core temperature reached 75°C and then cooled at room temperature (25°C). The meat batters were
79 prepared in three separate instances on an independent day for each treatment group, with three pork gels produced
80 per batch (three treatments × three batches × three sausages); these batters were utilized as samples to analyze the
81 quality characteristics.

82

83 **Actomyosin content of the meat batter**

84 To extract actomyosin from the meat batter, an aliquot (25 mL) of isolation buffer (0.1 M KCl, 2 mM MgCl₂,
85 and 1 mM ethylene glycol bis (2-aminoethyl ether)-N,N,N',N'-tetraacetic acid dissolved in 10 mM potassium
86 phosphate buffer, pH 7.0) was added to 2 g of meat batter and homogenized at 13,000 rpm for 15 s (T25 basic,
87 IKA GmbH and Co. KG, Staufen, Germany). The homogenate was then centrifuged at 3,000 × g for 10 min
88 (1580R, LABOGENE Co., Ltd., Lynge, Denmark) and the supernatant was discarded. This process was repeated
89 by adding the same isolation buffer to the pellet, followed by homogenization and centrifugation to remove the
90 supernatant. The pellet was then homogenized with 25 mL of extraction buffer (0.6 M KCl, 0.04 M NaHCO₃, and
91 0.01 M Na₂HCO₃, pH 7.2) at 13,000 rpm (T25 basic), and the mixture was agitated at 4°C for 24 h. Afterwards,
92 20 mL of distilled water was mixed with 10 mL of the suspension, vortexed, and centrifuged to discard the
93 supernatant. The final pellet was homogenized with 3 mL of KCl-Tris buffer (0.6 M KCl and 0.02 M Tris, pH 7.2)
94 to obtain the actomyosin extract. The protein content of the extracts was determined using the Kjeldahl method
95 (AOAC 928.08), and the actomyosin content of the meat batter was calculated as follows:

96
$$\text{Actomyosin content (\%)} = \frac{\text{protein content (\% of actomyosin extracted from 2 g of meat batter)}}{\text{protein content (\% of meat batter (2 g)}} \times 100.$$

97

98 **Protein solubility of the meat batter**

99 To assess total protein solubility, 1 g of meat batter was mixed with 20 mL of 0.05 M potassium phosphate
100 buffer (pH 7.4) containing 0.55 M potassium iodide. The mixture was then homogenized at 13,000 rpm for 30 s
101 (T25 basic). The homogenate was stirred at 4°C for 24 h (OS-2000, Jeio Tech., Daejeon, Korea), centrifuged at
102 3,000 × g for 10 min (1580R), and the supernatant was filtered through filter paper (No. 4, Whatman, Maidstone,
103 UK). The protein content of the filtrate was measured using a Varioskan LUX spectrophotometer (Thermo Fisher
104 Scientific, MA, USA) with a Bio-Rad assay kit (#5000006; Bio-Rad Laboratories, Richmond, CA, USA). A
105

106 standard curve was generated using bovine serum albumin.

107

108 **Cooking loss of the sausage model**

109 Cooking loss was determined by removing the cooked pork gels from the stainless-steel containers and
110 weighing them after removing surface moisture. This was then compared to the pre-cooked weight of the meat
111 batter. The calculation was as follows:

$$112 \text{ Cooking loss (\%)} = (\text{weight (g) of stuffed meat batter} - \text{weight (g) of cooked gel}) / \text{weight (g) of meat batter} \times$$
$$113 100$$

114

115 **Texture profile analysis of the sausage model**

116 The texture of the pork gels was examined using a texture analyzer (Model A-XT2; Stable Micro Systems,
117 Surrey, UK). The pork gels were cut into uniform pieces (2 × 2 × 1.5 cm). A compression probe with a diameter
118 of 70 mm was affixed to the texture analyzer, and the samples underwent two cycles of 70% compression at a test
119 speed of 2 mm/s to evaluate hardness and cohesiveness.

120

121 **In vitro digestion**

122 The protein digestibility in the pork gels was assessed using an *in vitro* digestion model. The *in vitro* digestion
123 model was designed based on the method described by Minekus et al. [20]. All enzymes utilized in this study were
124 sourced from Sigma-Aldrich (St. Louis, MO, USA). The oral fluid was adjusted to pH 7.0 after dissolving 75
125 unit/mL of α -amylase from *Aspergillus oryzae*, and the gastric fluid was adjusted to pH 3.0 after adding 2,000
126 unit/mL of pepsin from the porcine mucosa and 60 unit/mL of gastric lipase from *Rhizopus oryzae*. The GI fluid
127 was prepared with 100 unit/mL of trypsin from porcine pancreas, 25 unit/mL of chymotrypsin from bovine
128 pancreas, and 2,000 unit/mL of pancreatic lipase from porcine pancreas, while bile fluid, containing 10 mM bile
129 extract from porcine pancreas, was prepared at pH 7.0.

130 Chopped pork gels were blended with the oral fluids at a 50:50 (v/v) ratio and stirred at 250 rpm for 2 min at
131 37°C. Simulated digestive fluids, composed of the stock solution, enzyme fluids, and distilled water, were added
132 to the digestive fluids from the preceding compartment at a 50:50 (v/v) ratio. Each digestion step was conducted
133 at 250 rpm for 2 h at 37°C. To exclude the protein content of the digestive enzymes from the analysis, blank
134 samples were prepared by substituting the sample volume with an equal amount of distilled water and subjecting
135 it to the same digestive conditions. The digesta samples were immediately frozen at -70°C post-digestion for
136 subsequent analysis.

137

138 **α -Amino group content of digesta**

139 The 10% trichloroacetic acid (TCA)-soluble fraction was prepared by adding 10 mL of 12% TCA to 2 mL of
140 digesta, followed by homogenization at 13,000 rpm for 30 s (T25 basic) and centrifugation at $3,000 \times g$ for 10
141 min. The supernatant was filtered through a filter paper (Whatman No.4) and reacted with o-phthalaldehyde (OPA).
142 The OPA reagent, prepared fresh, consisted of 40 mg OPA dissolved in 1 mL methanol, 100 μ L β -mercaptoethanol,
143 25 mM sodium tetraborate, and 2.5 mL of 20% sodium dodecyl sulfate (SDS), bringing the final volume to 50
144 mL with distilled water. An aliquot (150 μ L) of the supernatant was mixed with 1 mL of the OPA reagent and
145 reacted at 25°C for 2 min. The absorbance of the reaction mixture was measured at 340 nm using a plate reader
146 (Varioskan LUX). A standard curve was generated using glycine, and the protein content was determined using
147 the Kjeldahl method (AOAC, 928.08). The α -amino group content of the samples was expressed in mM/g.

148

149 **Fluorescence microscopy image analysis**

150 The distribution of gel particles in the digesta was observed using fluorescence microscopy. The digesta samples
151 were stained with Fast Green (1:100, v/v) and analyzed using an Olympus BX-53 microscope (Olympus, Optical
152 Co. Ltd., Tokyo, Japan) equipped with a fluorescence filter. Image analysis was performed using the Cell* image
153 analysis software (Cell*, Sort Imaging System, Münster, Germany).

154

155 **Sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE)**

156 SDS-PAGE was carried out on a 12.5% polyacrylamide gel containing 30% acrylamide solution, 1.5 M Tris-
157 HCl (pH 8.8), 0.5 M Tris-HCl (pH 6.8), 10% ammonium persulfate, and N,N,N',N'-tetramethyl-ethylenediamine.
158 Pork gels (1 g) were homogenized with 4 mL of 2% SDS in 0.01 M sodium phosphate buffer (pH 7.0). The
159 homogenate was centrifuged at $1,500 \times g$ for 15 min (1580R) to collect the supernatant for electrophoresis. The
160 pork gel and digesta samples, with a protein concentration of 2 mg/mL, were diluted with 2 \times sample buffer (EBA-
161 1051, Elpis Biotech, Daejeon, Korea) and heated at 90°C for 10 min in a heating block before being immediately
162 cooled on ice. The samples and a protein ladder (3453A, Takara Bio Inc., Shiga, Japan) were loaded in volumes
163 of 10 and 5 μ L, respectively. Electrophoretic separation was performed using the PageRun system (AE-6531
164 mPAGE; ATTO, Tokyo, Japan) at 20 mA for 120 min. The running buffer consisted of 25 mM Tris, 0.1% SDS,
165 and 192 mM glycine. Protein bands in the gel were stained with Coomassie Brilliant Blue and then destained with
166 a 10% acetic acid solution. The stained gels were scanned using a GS-710 densitometer (Bio-Rad Laboratories
167 Inc., Hercules, CA, USA) and analyzed using the Image Master 2D Platinum v5.0 software (GE Healthcare,
168 formerly Amersham Biosciences, Seoul, Korea). Protein types were identified by comparing the molecular weight
169 of the bands using the UniProt database (<https://www.uniprot.org/>).

170

171 **Statistical analysis**

172 This study was conducted in three replicates (three batches). Statistical analysis was performed using a mixed
173 model with a randomized complete block design, treating the batch as a block and considering replications

174 (batches) as random variables. The results are presented as the least-squares mean and the standard error of the
175 least-squares means. The significance of the main effects was determined using Tukey's multiple comparison test
176 ($p < 0.05$). All statistical analyses were executed using the SAS software (version 9.4, SAS Institute Inc., Cary,
177 NC, USA).

178

179

Results and discussion

180 Actomyosin content and total protein solubility of the meat batter

181 The effect of varying NaCl concentrations on the actomyosin content and protein solubility of the meat batter
182 is shown in Fig. 1. The actomyosin content (Fig. 1A) was significantly lower at NaCl 2.0% (33.46%, $p < 0.05$)
183 compared to NaCl 1.0% (42.19%). NaCl 2.0% also tended to have a lower actomyosin content than NaCl 1.5%
184 (34.72%, $p = 0.0504$). Greene [21] reported that the addition of salt impacts the binding force between actin and
185 myosin. Post-mortem, as the muscle pH decreases and the sarcoplasmic reticulum collapses, calcium ions (Ca^{2+})
186 are liberated into the sarcoplasm [22]. These ions, upon interaction with troponin C located on the actin filaments,
187 promote the exposure of the myosin-binding sites. This molecular mechanism enables repetitive cycles of muscle
188 fiber contraction and relaxation, governed by the cyclical attachment and detachment of myosin to and from actin
189 [12]. In the absence of ATP, actin and myosin remain bound, forming stable actomyosin complexes that are
190 challenging to dissociate, reducing the solubility of myofibrillar proteins [22, 23]. Sellers [24] highlighted the role
191 of aspartic and glutamic acids on the surface of the myosin motor head, serving as critical binding sites during
192 actomyosin complex formation. The introduction of NaCl into meat batters leads to its dissociation into Na^+ and
193 Cl^- ions; Na^+ ions exhibit a high binding affinity for the COO^- groups of aspartic and glutamic acid present on the
194 protein surface [25]. This affinity may lead to the dissociation of the myosin head from actin, thereby decreasing
195 the actomyosin content. The NaCl concentrations of 1.0, 1.5, and 2.0% (w/w) correspond to molar concentrations
196 of 0.17, 0.26, and 0.34 M/L, respectively. According to the study of Greene [21], an increase in ionic strength
197 from 0.12 M to 0.43 M significantly diminishes the binding capacity of heavy meromyosin to F-actin. Thus, an
198 increase in NaCl concentration leads to a notable reduction in actomyosin content due to the reduced binding
199 efficiency between actin and myosin.

200 The solubilization process of myofibrillar proteins upon heating contributes to the formation of interfacial
201 protein films, which are instrumental in trapping moisture and fat within the gel network [6]. This process
202 underscores the importance of myofibrillar protein solubility as a critical functional property in the manufacturing
203 of meat products [26]. As depicted in Fig. 1B, meat batter treated with NaCl 2.0% exhibited the highest protein
204 solubility (0.61 g soluble protein/g total protein, $p < 0.05$) than NaCl 1.0% (0.55 g soluble protein/g total protein)
205 and NaCl 1.5% (0.56 g soluble protein/g total protein), with no significant differences observed between the latter
206 two concentrations ($p > 0.05$). This outcome can be attributed to the dissociated Na^+ and Cl^- ions in the meat
207 batter forming ionic clouds that effectively shield the charged groups on the protein surface [7]. This shielding
208 mechanism enhances the electrostatic repulsion between proteins and facilitates the rupture of ionic bonds, leading
209 to the swelling and subsequent dissociation of thick myosin filaments [6, 27]. As thick myosin filaments dissociate
210 into myosin monomers, the overall structural stability of the myofibrillar proteins becomes diminished, increasing

211 the amount of soluble protein [28]. Furthermore, the reduced actomyosin content observed at NaCl 2.0% may
212 contribute to the enhanced total protein solubility by augmenting the content of soluble actin and myosin [9].

213 Taken together, these findings indicate that the meat batter treated with NaCl 2.0% exhibits the highest levels
214 of actomyosin dissociation and protein solubility, suggesting that this particular concentration could potentially
215 improve the gel-forming capacity of myofibrillar proteins, thereby influencing the properties of the resulting gel
216 in a significant manner.

217

218 **Gel properties of the sausage models**

219 Fig. 2 A shows the influence of NaCl concentration on the cooking loss of pork gels. The highest cooking loss
220 was observed at NaCl 1.0% (9.07%, $p < 0.05$), followed by NaCl 1.5% (4.15%), and 2.0% (2.80%) ($p < 0.05$).
221 Barbut et al. [29] identified NaCl 1.5% as a critical threshold for enhancing the water-holding capacity (WHC) in
222 meat batters, a finding that is corroborated by our study, which demonstrated a significant increase in cooking loss
223 at NaCl 1.0% compared to NaCl 1.5%. The observed higher protein solubility in NaCl 2.0% (Fig. 1B) suggests
224 that a greater quantity of soluble proteins may enhance gel formation by more effectively trapping moisture within
225 the gel structure [13].

226 Additionally, the phenomenon of space expansion caused by charge shielding may also play a role in reducing
227 cooking loss. The Na^+ and Cl^- ions bind to amino acids at opposite sites, leading to the swelling of the filament
228 structure within muscle fibers, thereby increasing the capacity for water retention [30]. Consequently, NaCl 2.0%,
229 characterized by a higher participation of soluble proteins in gel formation and an increased capacity to trap water,
230 would likely result in the formation of a gel with enhanced moisture retention capabilities.

231 To further examine the textural properties of the pork gels, hardness and cohesiveness were assessed (Table 1).
232 Hardness, indicative of the strength of the gel, was observed to be significantly higher in gels with NaCl 2.0%
233 (102.47 N, $p < 0.05$) compared to those with NaCl 1.0% (76.19 N) and 1.5% (81.80 N), with no significant
234 difference between the latter two ($p > 0.05$). This suggests that the gel formed with NaCl 2.0% possesses the
235 highest structural integrity and resistance to deformation. Cohesiveness, reflecting the internal binding force and
236 resilience of the gels, also exhibited the highest value at NaCl 2.0% (0.44), underscoring the enhanced structural
237 cohesiveness of the gels and ability to resist breakdown under applied force. The lowest cohesiveness was
238 observed at NaCl 1.0% (0.39). Although NaCl 1.5% (0.40) showed no significant differences in cohesiveness
239 compared to the NaCl 1.0% or 2.0% groups ($p > 0.05$), the textural properties of pork gels were affected by the
240 concentrations of NaCl. These findings suggest that an increased NaCl concentration influences not only moisture
241 retention but also the rigidity of the gels, making it an essential factor in the formulation of meat products with
242 optimal sensory and functional characteristics.

243 Myosin, as a key protein involved in myofibrillar protein gelation, plays a crucial role during the heating process,
244 where three-dimensional networks are formed through the aggregation of myosin heads and the crosslinking of
245 tails [9, 30]. Therefore, the solubilization of myofibrillar proteins, including myosin, becomes critical for the
246 effective gelling of meat proteins. The salt-soluble nature of myofibrillar proteins implies that their solubility can
247 be enhanced at higher NaCl concentrations, as observed with NaCl 2.0% [6], compared to lower concentrations.

248 This enhanced solubility facilitates the formation of interfacial films of proteins, which play a crucial role in
249 capturing water and fat globules within the gel network, contributing to reduced cooking loss and the formation
250 of a gel with superior strength due to the improved emulsifying capacity [26]. Sun and Holley [9] highlighted that
251 a NaCl concentration of 0.3 M (2–3% NaCl) is necessary to form a myofibrillar protein gel with high structural
252 strength. This underscores the hypothesis of our study that the addition of NaCl 2.0% to the meat batter leads to
253 the formation of a gel with the highest strength during heating, attributed to the optimal extraction of salt-soluble
254 proteins.

255

256 **Protein digestibility of the sausage models**

257 Investigating the digestive behaviors of proteins involved a multipronged approach. We analyzed α -amino
258 group content, observed fluorescence microscopic images of the digesta, and examined the electrophoretograms
259 of gastric and gastrointestinal (GI) digesta from samples after *in vitro* digestion (Figs. 3, 4, and 5, respectively).

260 Gastric phase: α -Amino group content in the gastric digesta was found to be lowest in the NaCl 2.0% treatment
261 (0.24 mM/g, $p < 0.05$), followed by NaCl 1.5% (0.31 mM/g) and 1.0% (0.29 mM/g), indicating a slower
262 pepsinolysis rate for NaCl 2.0% during gastric digestion (Fig. 3). The SDS-PAGE electrophoretogram of the
263 gastric digesta (Fig. 4) revealed the near disappearance of protein bands that were originally present in the lanes
264 (Fig. 2B) for the NaCl 1.0% and 1.5% treatments, while some bands persisted at 20–45 kDa in the NaCl 2.0%
265 treatment. These bands were attributable to tropomyosin (32 kDa), actin (42 kDa), and the myosin light chain
266 (223 kDa). These results implied that the protein digestibility of NaCl 2.0% treatment was lower than those of
267 NaCl 1.0 and 1.5% treatments. Fluorescence microscopy showed a uniform distribution of small gel particles in
268 the digesta of NaCl 1.0% (Fig. 5). However, in the case of NaCl 2.0%, un-dissociated and aggregated particles
269 were observed, suggesting insufficient dissociation of gel particles during gastric digestion in this treatment. The
270 high gel strength of NaCl 2.0% likely contributed to the lowest release of α -amino groups during this phase.
271 Protein digestion in the gastric phase is predominantly facilitated by pepsin, with its cleavage specificity for
272 phenylalanine, tyrosine, tryptophan, and leucine at position P1 [31], contrasting with the extensive digestion by
273 trypsin and chymotrypsin in the small intestine phase [10]. The limited degradation capacity of pepsin in the
274 gastric phase and the mechanical destruction of gels under acidic conditions highlight the necessity for the
275 penetration and diffusion of acidic gastric fluid and enzymes after the physical dissociation of the gels for effective
276 gastric pepsinolysis [17, 19]. The slower dissociation of gels during digestion results in a reduced surface area for
277 enzyme activity [32]. Thus, denser and less dissociated gels due to the slower dissociation of the NaCl 2.0% gel
278 exhibit the lowest α -amino group content. This observation aligns with Dong et al. [19], who reported the lowest
279 digestibility of whey protein gels containing a high NaCl concentration due to delayed gel dissociation during
280 gastric digestion.

281 Sayd et al. [33, 34] reported that undigested protein bands were identified after 180 min of gastric digestion,
282 and the peptides originating from myofibrillar proteins could be identified in the digesta of small intestinal phase.
283 Lee et al. [14] observed that actin and myosin light chain bands remained in digesta electrophoretogram, especially
284 after gastric digestion. These were similar in this study (Fig. 4). The proteolytic susceptibility of myosin to the
285 actions of trypsin and chymotrypsin, contrasted with actin due to its robust core, resulting in the production of

286 large fragments with a molecular weight of approximately 33 kDa [35], explaining the presence of the remaining
287 bands in gastric digesta (Fig. 4).

288 GI phase: After the GI digestion, NaCl 1.0% retained its highest content of the α -amino group content with 2.19
289 mM/g ($p < 0.05$). Permeability within the gel structure is important for the action of digestive enzymes. Dong et
290 al. [19] noted that digestive enzyme diffusion is generally more extensive in a loose gel structure with a large
291 mesh size, implying that NaCl 1.0% underwent the most rapid digestion in both the gastric and GI phases due to
292 its lower gel strength. Conversely, NaCl 1.5% (1.96 mM/g) exhibited the lowest content of α -amino groups,
293 followed by NaCl 2.0% (2.07 mM/g), indicating that NaCl 1.5%, with intermediate gel strength, underwent higher
294 protein degradation and faster gel dissociation than NaCl 2.0% in the gastric phase, but resulted in less protein
295 degradation than NaCl 2.0% during the GI phase. This finding suggests that the degree of protein denaturation is
296 a critical factor for digestive accessibility during the GI phase. Unlike the gastric phase, where pepsin is the
297 primary proteolytic enzyme, GI digestion involves trypsin and chymotrypsin. Trypsin specifically targets peptide
298 bonds at the C-terminal of lysine and arginine residues, while chymotrypsin preferentially cleaves at tryptophan,
299 tyrosine, and phenylalanine residues at position P1 [31]. Thus, the synergetic actions of trypsin and chymotrypsin
300 lead to extensive protein cleavage. In addition, the decomposition of the gel structure already occurs during the
301 gastric digestion, and complete destruction of the gel matrix containing fat globules additionally occurs in the
302 small intestinal phase with the emulsification by bile acids. Thus, since the mechanical destruction of gel particles
303 will occur in the small intestinal phase, the degree of exposure of the cleaving sites of trypsin and chymotrypsin
304 depending on the protein structure may be more important for protein digestibility than the effect of gel particle
305 rigidity. The presence of Na^+ and Cl^- ions disrupts the hydration layer on the protein surface, exposing hydrophobic
306 amino acids within the structure and leading to the denaturation of myofibrillar proteins [36]. Increased NaCl
307 concentrations can induce greater protein denaturation, including the exposure of non-polar amino acids and
308 alterations in secondary structure through hydrogen bond disruption [37]. Excessive denaturation may interfere
309 with gel formation or digestive susceptibility due to protein aggregation, whereas partial denaturation may
310 enhance enzyme accessibility [10].

311 We hypothesized that the NaCl 2.0% gel, potentially exhibiting the greatest degree of protein denaturation,
312 would demonstrate higher digestive susceptibility to trypsin and chymotrypsin in the GI phase. Contrary to the
313 gastric phase, fluorescence microscopy images in the GI phase showed a uniform distribution of small particles
314 across all GI digesta (Fig. 5), with the electrophoretogram indicating the disappearance of bands present in the
315 NaCl 2.0% lane after GI digestion (Fig. 4). This observation aligns with the findings of Lee et al. [17], who
316 reported that egg white protein gel cooked at 95°C exhibited the slowest gastric digestion due to minimal gel
317 dissociation but showed the highest GI digestibility due to the greatest degree of protein denaturation.

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Conclusion

321 This study investigated the impact of various NaCl concentrations on pork gel models, focusing on
322 physicochemical characteristics and in vitro protein digestion. We found that a NaCl 2.0% concentration

323 significantly altered the actomyosin content, increased protein solubility, and resulted in the strongest gel structure,
324 as indicated by the highest hardness and cohesiveness.

325 After *in vitro* digestion of the pork gels, the α -amino groups in the 10% TCA-soluble fraction of the gastric
326 digesta were higher in NaCl 1.0% and 1.5% than in NaCl 2.0%, as confirmed by the electrophoretogram of gastric
327 digesta of NaCl 2.0% displaying the clearest and most numerous remained protein bands. Fluorescence
328 microscopic images of the gastric digesta revealed large and undissociated gel particles in NaCl 2.0%, while after
329 GI digestion, all treatments showed uniform distribution and small particle sizes. NaCl 1.0% pork gel retained the
330 highest content of α -amino groups after GI digestion, followed by NaCl 2.0% and 1.5%, as NaCl 1.5% exhibited
331 the lowest α -amino group release. We assumed that protein digestibility in pork gel could be influenced by the
332 addition of NaCl. This introduces complexity to digestive behavior.

333 In conclusion, our findings confirm that gel properties and *in vitro* protein digestive behavior vary depending
334 on NaCl concentration in pork sausages. Therefore, to develop meat products with superior sensory and nutritional
335 qualities, the impact of gel physicochemical properties on protein digestion, particularly for NaCl levels, should
336 be considered.

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438

439

Table

440 Table 1. Texture (hardness (N) and cohesiveness) of the pork gels prepared with different concentrations (1.0, 1.5,
441 and 2.0%, w/w) of sodium chloride (NaCl).

Treatments	Hardness (N)	Cohesiveness
NaCl 1.0%	76.19 ^B	0.39 ^B
NaCl 1.5%	81.80 ^B	0.40 ^{AB}
NaCl 2.0%	102.47 ^A	0.44 ^A
SEM ¹	2.560	0.014

442 ¹Standard error of the least square mean.

443 ^{A-B}Different uppercase letters indicate significant differences between the means of treatments ($p < 0.05$).

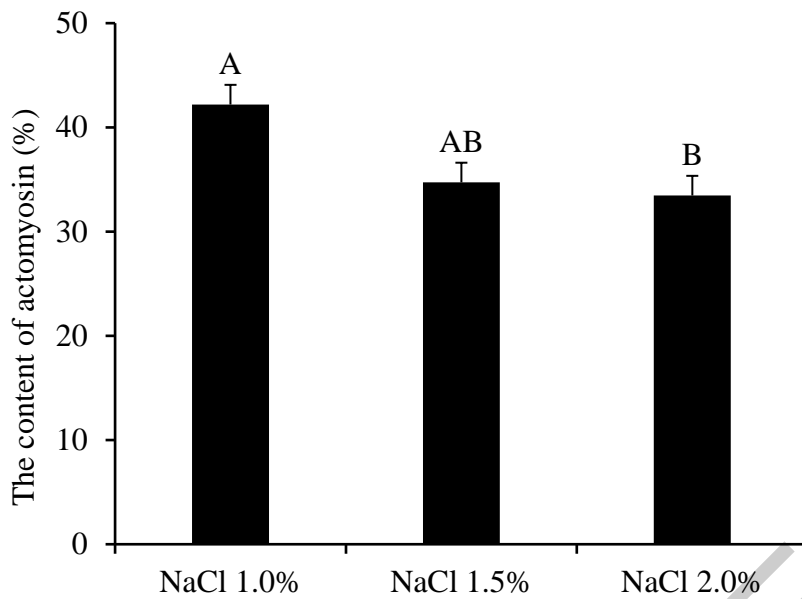
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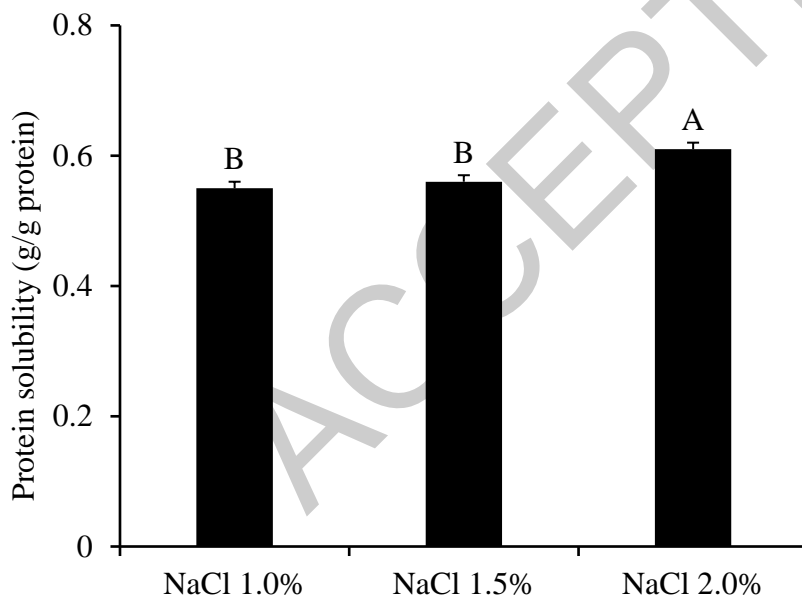
446

447 (A)



448

449 (B)



450

451 **Fig. 1. Actomyosin content (A, %) and total protein solubility (B, g soluble protein/g total protein) of the**
452 **meat batters prepared with different concentrations (1.0, 1.5, and 2.0%, w/w) of sodium chloride (NaCl).**

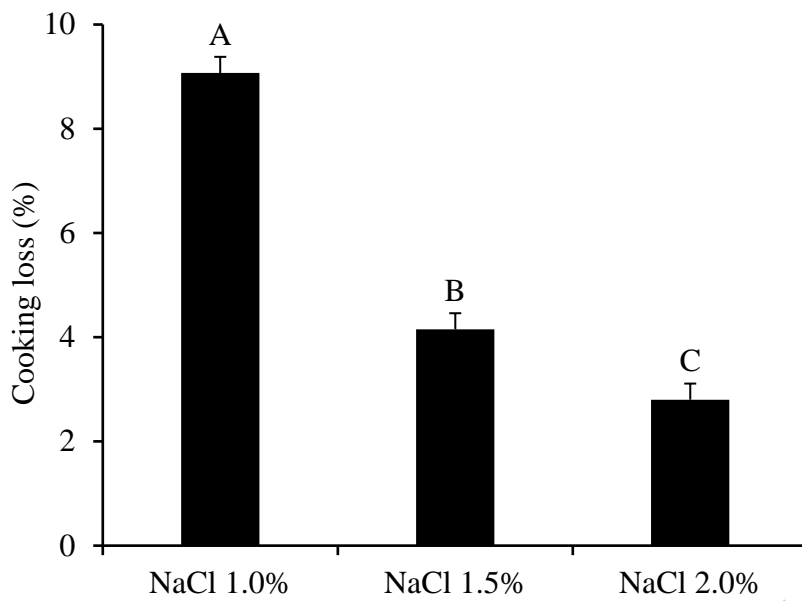
453 ^{A-B} Different uppercase letters indicate significant differences between the means of treatments ($p < 0.05$).

454 NaCl 1.0%, meat batter prepared with 1.0% NaCl; NaCl 1.5%, meat batter prepared with 1.5% NaCl; NaCl 2.0%,
455 meat batter prepared with 2.0% NaCl.

456 The error bar represents the standard error of the means.

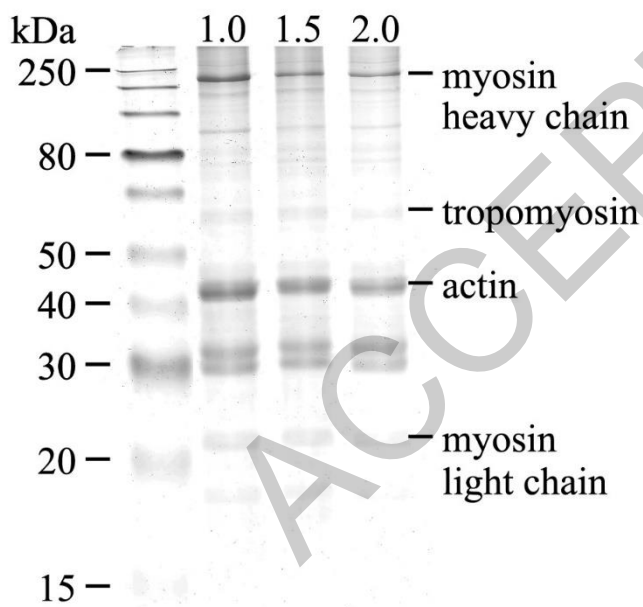
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458 (A)



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460 (B)



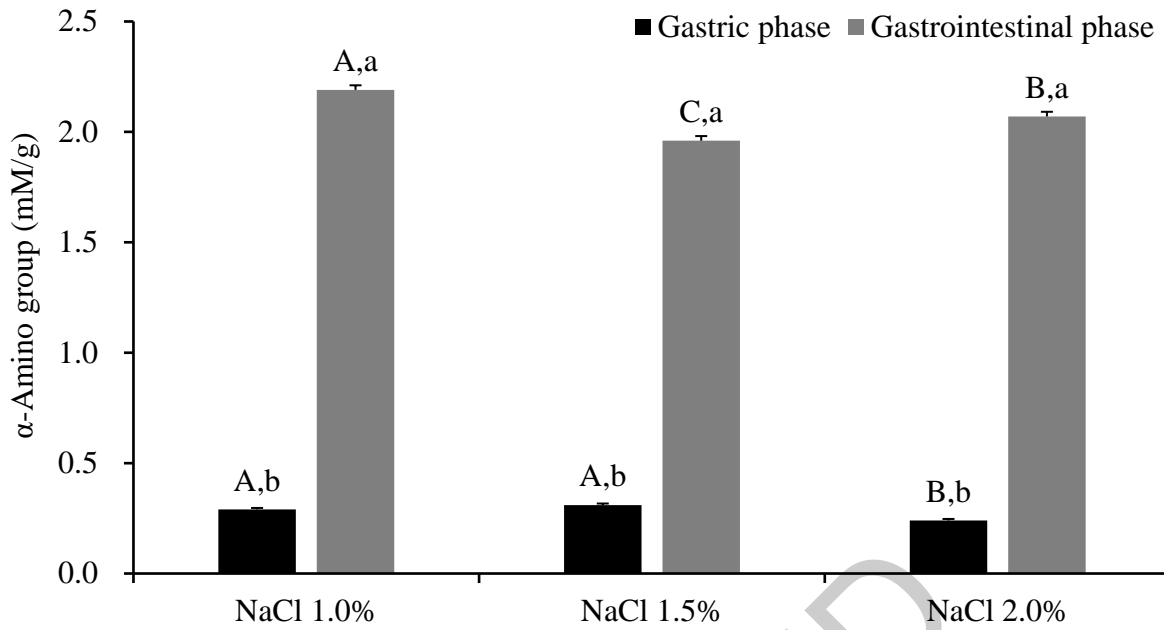
461

462 **Fig. 2. Cooking loss (A, %) and SDS-PAGE electrophoretogram of the pork gels prepared with different**
463 **concentrations (1.0, 1.5, and 2.0%, w/w) of sodium chloride (NaCl).**

464 ^{A-C} Different uppercase letters indicate significant differences between the means of treatments ($p < 0.05$).

465 NaCl 1.0% and 1.0, pork gel prepared with 1.0% NaCl; NaCl 1.5% and 1.5, pork gel prepared with 1.5% NaCl;
466 NaCl 2.0% and 2.0, pork gel prepared with 2.0% NaCl.

467 The error bar represents the standard error of the means.



468

469 **Fig. 3. The α -amino group contents (mM/g) of the 10% trichloroacetic acid-soluble fractions of the digests**
 470 **after *in vitro* gastrointestinal digestion of the pork gels prepared with different concentrations (1.0, 1.5, and**
 471 **2.0%, w/w) of sodium chloride (NaCl).**

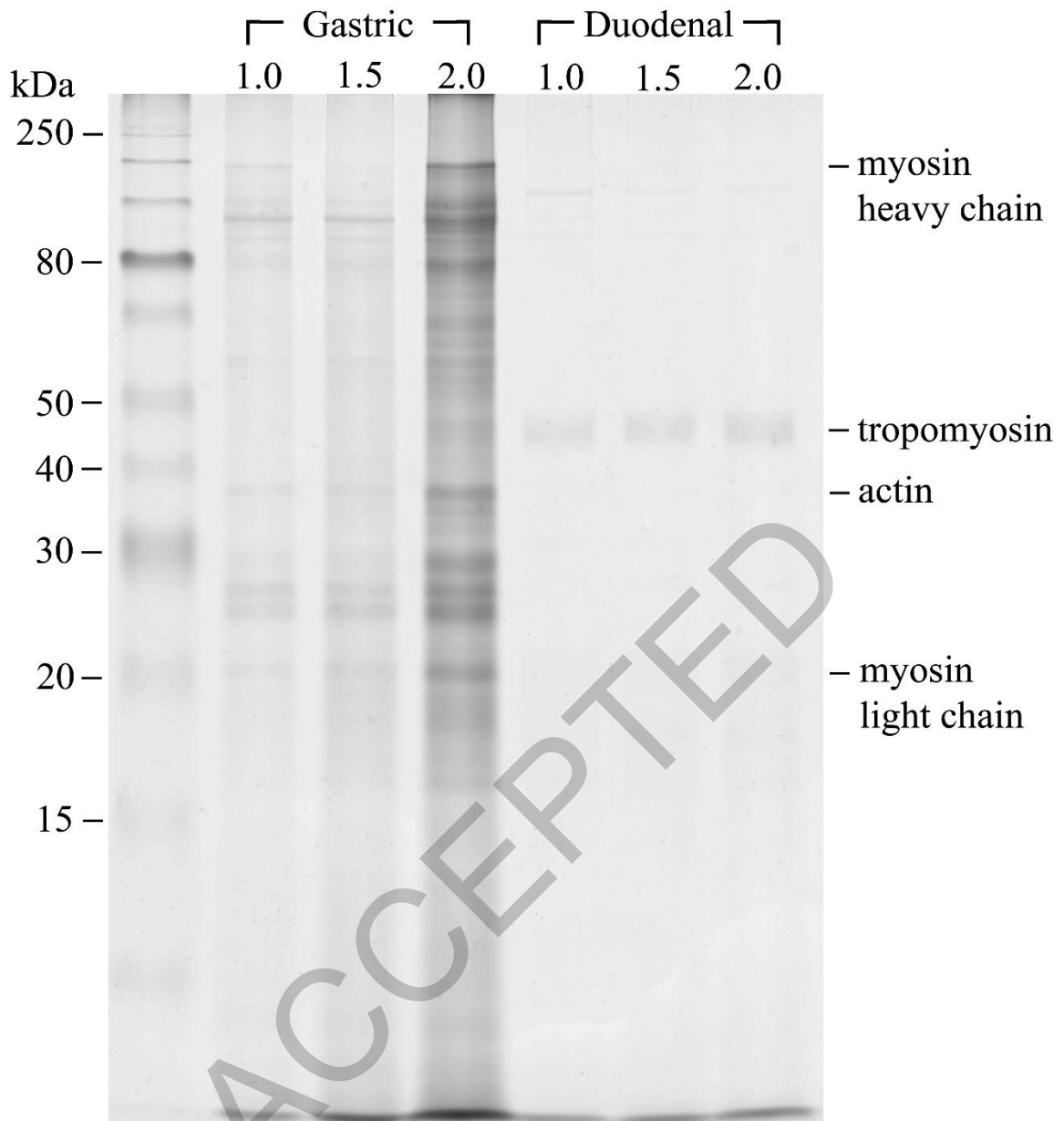
472 ^{A-C} Different uppercase letters indicate significant differences between the means of treatments ($p < 0.05$).

473 ^{a-b} Different lowercase letters indicate significant differences between the means of the gastric and GI phases
 474 ($p < 0.05$).

475 NaCl 1.0%, pork gel prepared with 1.0% NaCl; NaCl 1.5%, pork gel prepared with 1.5% NaCl; NaCl 2.0%, pork
 476 gel prepared with 2.0% NaCl.

477 The error bar represents the standard error of the means.

478

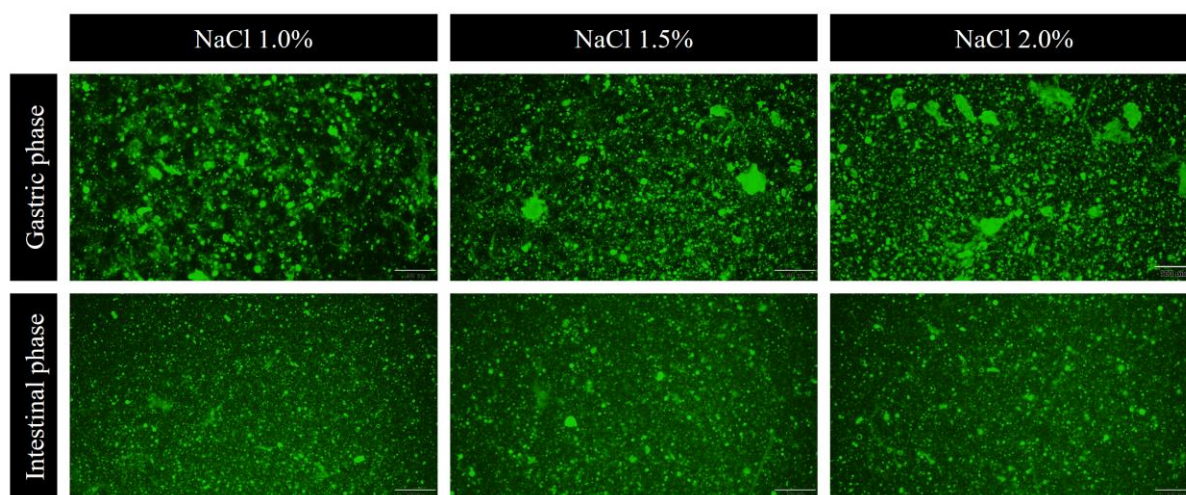


479

480 **Fig. 4. SDS-PAGE electrophoretogram of the digesta after *in vitro* gastrointestinal digestion of the pork gels**
 481 **prepared with different concentrations (1.0, 1.5, and 2.0%, w/w) of sodium chloride (NaCl).**

482 NaCl 1.0%, pork gel prepared with 1.0% NaCl; 1.5% NaCl, pork gel prepared with 1.5% NaCl; 2.0% NaCl, pork
 483 gel prepared with 2.0% NaCl.

484



485

486 **Fig. 5. Fluorescence microscopic images (100X magnification) of the digesta after *in vitro* gastrointestinal**
 487 **digestion of the pork gels prepared with different concentrations (1.0, 1.5, and 2.0%, w/w) of sodium**
 488 **chloride (NaCl).**

489 NaCl 1.0%, pork gel prepared with 1.0% NaCl; 1.5% NaCl, pork gel prepared with 1.5% NaCl; 2.0% NaCl, pork
 490 gel prepared with 2.0% NaCl.

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