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Article Title (within 20 words without abbreviations)	Exploring the Multifaceted Factors Affecting Pork Meat Quality
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1 Exploring the Multifaceted Factors Affecting Pork Meat Quality

2
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28 **Abstract (up to 350 words)**

29 The significance of pork meat quality extends far beyond mere consumer satisfaction, encompassing
30 crucial aspects such as health and nutrition, economic impact, reputation and branding, food safety, and
31 sustainability within the global food system. Influenced by a multitude of factors, each playing a pivotal
32 role in shaping its sensory attributes and consumer appeal, pork meat quality stands as a cornerstone of
33 the meat industry. Thus, understanding these factors are imperative for ensuring consistent high-quality
34 pork production, aligning with consumer preferences, and elevating overall satisfaction levels. In this
35 review, we provide a comprehensive overview of the diverse factors affecting pork meat quality,
36 including genetic characteristics, rearing systems, feed composition, gender differences, pre-slaughter
37 handling, and meat aging processes.

38 **Keywords (3 to 6):** Pig, Meat quality, Pork

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40 **Introduction**

41 Pork is one of the most widely consumed red meats worldwide, accounting for 35% of global meat
42 consumption [1]. In consumers' diets, pork is one of the important sources of rich animal protein and
43 other essential nutrients (essential vitamin, mineral, and fatty acids) [2–4]. As consumers' lives become
44 enriched, interest in meat with high nutritional and functional value and excellent taste and texture is
45 increasing, and there is a trend in placing high value on the quality of meat in consumption patterns [5–
46 7]. In order to meet these consumer demands, meat quality is also emphasized at the production and
47 processing stages and is becoming more economically important [3,8–10].

48 The concept of pork meat quality can be categorized into two main aspects: production process
49 quality and product (meat) quality [11,12]. Production process quality include all measures used in
50 animal production, pre-slaughter handling of animals, carcass and meat processing, and more and more
51 consumers are considering process quality as a value in itself [13]. Product quality can be subdivided
52 into functional (initial and final pH, water holding capacity, marbling, and fat quality), sensory (eating
53 experience, ethical, and cultures), nutritional value, and hygienic (food safety) quality [10–12].
54 However, most pork meat quality is defined as the culmination of several important characteristics such
55 as color, smell, flavor, texture, firmness, tenderness, pH, water holding capacity, drip loss, etc. [14–16].
56 From the processor's perspective, meat properties such as moisture holding capacity, drip loss, cooking
57 loss, pH, collagen content, protein solubility, and fat binding capacity are objective characteristics that
58 ensure a final product of excellent quality [17,18]. However, from the consumer's perspective, an
59 important factor that influences the final evaluation of meat quality and repeat purchase decisions is the
60 organoleptic properties (such as color, appearance, flavor, texture, juiciness, firmness, and tenderness
61 etc.) that consumers perceive through their senses [19,20].

62 In general, meat quality is recognized as a complex and difficult characteristic because it is evaluated
63 across a wide range of characteristics and attributes that are objectively and subjectively composed, and
64 it is difficult to judge clearly [5,9,11,21]. The final determination of product quality can be influenced
65 by various interaction factors among the quality of the production process described above [12,20].
66 Thus, this review discusses the pork meat quality and the various factors that have an influence to
67 change its quality.

68

69 **Various factors affecting Pork Meat Quality.**

70 Pork meat quality is influenced by a multitude of factors including genotype (genetic background of
71 pig), rearing conditions (level of feeding, environmental and housing system), pre-slaughter handling,
72 slaughter method, storage conditions, etc.(Fig. 1) [22]. The important factors affecting pork quality
73 before and after slaughter are classified as follows:1) Factors influencing quality before slaughter:
74 genetic, breed, sex, age and weight, rearing system, diet, pre-slaughter handling; 2) Quality influencing
75 factors after slaughter: meat aging, storage condition.

76

77 **1. Factors influencing pork meat quality before slaughter**

78 ***1.1. Genetics***

79 The meat industry has long considered genetic considerations in the production of high-quality
80 processed meats for culinary and technological quality as the genetic background of an animal can
81 impact the growth, feed efficiency, carcass composition, and meat quality [23]. Taking into
82 consideration of developments in pig breeding, it is estimated that genetic variables influence pork
83 quality by 10% to 30% [12], with the remainder attributable to environmental factors such as pre-
84 slaughter market circumstances (15-25%) and actual slaughter process (40%) [24]. Although there are
85 large number of pig breeds, the majority of pork industry employs crossbreeding with a restricted
86 number of breeds in order to capitalize on the impacts of hybrid offspring on key economic
87 characteristics [25]. One of the major reasons behind this selection is to prevent the detrimental effects
88 of specific genes on the pork quality. Two widely recognized significant genes that exert a direct impact
89 on technological and organoleptic pork quality after mutation are the Halothane gene (causative
90 mutation recognized as the R615C substitution in the RYR1 gene) and rendement napole(RN) gene
91 (also known as R200Q substitution in PRKAG3 gene. Both of these genes affect post-mortem muscle
92 glycolysis (declining pH), reducing water holding capacity and eventually increasing meat toughness
93 [26]. The halothane gene, also known as the porcine stress syndrome gene, is associated with malignant
94 hyperthermia [27] and the production of pale, soft, and exudative meat (PSE). Pre-slaughter stress
95 causes abnormal lactic acid metabolism and accelerates glycolysis; the temperature of the

96 carcass is abnormally high due to stress, the glycolysis is accelerated, ultimately resulting in
97 excessive accumulation of lactic acid in a short time [28]. This results in rapid pH reduction and
98 denaturation of muscle cell proteins, ultimately leading to the development of PSE meat with reduced
99 water retention in muscle fiber tissue. Hamilton et al. (2000) reported that halothane genes
100 independently affect growth performance, carcass composition, and pork quality [29]. A number of
101 previous studies have reported that halothane-carrying pigs have advantages over halothane-negative
102 pigs, such as better feed efficiency and carcass yield, but have a higher incidence of PSE [30–32]. The
103 RN-, on the other hand, was discovered in Hampshire breed and is linked with extended pH decline
104 postmortem and hence the meat from animals carrying of RN- gene is often referred to as “acid meat”
105 due to its low pH [27]. The detrimental effects of the Halothane gene and the RN- gene are additive for
106 color and water holding capacity [29].

107

108 **1.2. Breed**

109 Breeding (selective breeding), feeding, husbandry, and processing are the main traditional methods
110 used to enhance pork quality [26,33]. A study by Li et al. [3] revealed that breed has significant impact
111 on the pork meat quality. In a study comparing three breeds of Duroc, Landrace and Yorkshire, Duroc
112 pigs had the highest ultimate pH, carcass back fat thickness, marbling scores, yellowness, and fat
113 content, while Landrace had the highest color lightness and cooking loss values. Gjerlaug-Enger et al.
114 (2010) reported similar results for Duroc and Landrace animals [34]. Jeleníková et al. (2008) looked at
115 the effect of pig breed on meat shear force and found that the Duroc breed was the most tender.
116 Compared to other breeds, Duroc has distinct characteristics[35]. Alfeo et al. (2019) studied the
117 variation in meat quality characteristics between Landrace and Sicilian pigs and found that the meat
118 from Sicilian pigs was more tender than that from Landrace pigs [36]. Though meat quality depends on
119 numerous factors, the majority of which are influenced by the breed and species of an animal.

120

121 **1.3. Gender**

122 Gender is supposed to have a small impact on the sensory quality of pork, including of boar taint, an
123 off-flavor that is attributed to the presence of androstenone, skatole and indole in the adipose tissue of
124 mature male pigs [37–40], while gender plays an important role in determining the carcass commercial

125 value. It is widely recognized that entire males (EM) have the lowest body fat percentage, followed by
126 females (FE) and Castrated males (CM) [41,42]. Although it is generally acknowledged that gender
127 variations exist in carcass traits, research findings vary greatly [43]. The occurrence of boar taint is
128 comparatively low but highly variable (5-25%) in context of standard pig production, the reason behind
129 which is the detection method and production factors such as age of the pig at the time of slaughter,
130 genotype of the pig, diet given to the pig, etc. [40,44]. At present, “human nose” is the way of scoring
131 the strength of the taint from the carcass. However, extensive research is being conducted for developing
132 rapid online methods. Other than the boar taint, the meat from EM can be less tender than meat from
133 CM or FE, which is attributed to the lower content of intramuscular fat (Pauly et al., 2012); however,
134 the difference in texture is not always prominent [41]. Xia et al. [45] studied the gender effects on novel
135 Duroc line pig carcass characteristics and meat quality and found higher ($p < 0.05$) carcass weight,
136 slaughter backfat, loin muscle area, loin muscle depth, carcass yield in female pigs compared to
137 castrated males. Kim et al. [46] in his study on the effects of gender and breed on meat quality in Duroc,
138 Pietrain and crossbred pigs found fewer effects based on gender.

139

140 ***1.4. Age and Weight***

141 Age and slaughter weight increases that occur at the same time are linked to higher intramuscular fat
142 content and carcass adiposity, both of which are predicated on better sensory quality. However, as feed
143 restriction lowers fat deposition at both the carcass and muscle levels, a particular increase in age at
144 slaughter brought on by limited feeding may offset the effect on intramuscular fat accumulation [40,47].
145 The inconsistent effects of higher slaughter weight and age on organoleptic qualities have been recorded
146 and this discrepancy may be due to various confounding variables, such as the different age/weight at
147 the time of pig marketing, variation in diet and rearing systems, or cooking techniques. Hwang et al.
148 [48] in their study evaluated the effects of increasing carcass weight on meat quality and
149 sensory attributes and found that the increase in carcass weight improves the overall taste of
150 pork; and revealed that the carcass weight had a positive correlation with flavor but negative
151 correlation with tenderness.

152

153 **1.5. Rearing System**

154 The pig production methods when livestock technology was not advanced past were significantly
155 more varied than those of today, and were based on factors such soil, climate, breeds-reared cattle,
156 vegetative and productive qualities of husbandry regions, agricultural conditions, and technologies used.
157 But with the growing competition, and development of pig rearing systems, these distinctions have
158 become less clear [27]. The rearing system can influence the commercial value (variation in lean-to-fat
159 deposition) of pork carcass, along with the organoleptic attributes [40]. The impact of rearing system
160 on organoleptic qualities of pork have been associated indirectly to housing conditions (including space,
161 floor type, outdoor access) and feeding level and composition, which influences feed requirements and
162 physical activity, having combined effects on muscle tissue characteristics of the pork meat [40,47].
163 The pigs reared in outdoor conditions had enhanced juiciness in their meat [49], and improved taste
164 and texture of bacon in the pigs reared on straw-based floors (indoor conditions) [50]. However, a study
165 by Dostálová et al. [51] did not show any significant effect on carcass features and meat quality among
166 the pigs reared in outdoor and conventional indoor conditions. Similarly, a previous study by Millet et
167 al. [52] have not shown any significant impact of housing condition or production system on meat
168 sensory quality. But, in a study done on Heigai pigs, those grown on grazing farms had a better meat
169 quality and higher nutritional value than those grown on indoor feeding [53]. Since the sample size was
170 small, the results can't be representative.

171

172 **1.6. Diet (Feed and feed additives)**

173 In recent years, there has been a growing interest in studying the potential of nutrition (feed
174 and feed additives) for enhancing pork meat quality. The kind of diet fed to a pig has an influence
175 on its organoleptic properties of meat and overall pig carcass quality [40,54]. The level of feeding, its
176 pattern, and the protein-energy ratio of the diet, along with the genotype of the pig, determines the rate
177 of growth and the weight gain at both the whole-body and muscle levels in a pig. It is therefore a primary
178 component for modulating body compositions and therefore directly impacting pig carcass value. Also,
179 pigs being mono-gastric animals, many dietary ingredients get easily deposited to muscles and fat tissue,
180 subsequently impacting the quality of pork [27]. Swine feeding is a significant environmental

181 component that affects both the outcomes of fattening and the amount, and the quality of meat obtained
182 i.e., final product [21]. The feeding strategy, level of feed given as well as dietary nutrient composition
183 all have an impact on carcass quality [47]. Feed intake restrictions, a type of feeding strategy, are
184 frequently implemented during the finishing stage to increase the carcass value, as it decreases body
185 fatness during pig growth. This is because fat deposition increases more rapidly than lean deposition
186 with increasing body weight [47]. Metabolizable energy and protein levels are the two major nutritional
187 parameters that affect tissue composition, quantity, and quality of meat products [21]. Also, according
188 to Ngapo and Gariépy [55], the dietary factors can impact the sensory qualities of pork in several ways
189 by a) direct transfer of flavor/aroma from given feed to pig meat (e.g., when feeding fish oil), b) due to
190 change in quantity of nutritional components in the feed (saturated, monounsaturated and
191 polyunsaturated fatty acids), c) absorption of compounds from their environment, leading to increased
192 boar taint chemicals from the mix of feces and urine, etc. (Table 1). Hertzaman et al. [56] reported that
193 in the sensory evaluation of pork fed a diet containing graded fishmeal up to a 5.5% level, there was a
194 difference in off-flavor in pork stored frozen for 6 months, but there was no difference in fresh meat.
195 Likewise, Valaja et al. [57] also reported that there was no statistical difference in fresh meat samples
196 based on the fishmeal content (5% and 10%) in the feed. However, it was reported that off-flavors
197 increased depending on the fishmeal supply period. According to a review study by Rosenvold and
198 Andersen [27], pigs fed diets high in polyunsaturated fatty acids can have 'soft' characteristics and are
199 more sensitive to oxidation, so the type of fatty acids in the feed is a factor affecting meat quality and
200 storage. Since animal fats are high in saturated fats, and vegetable fats are high in unsaturated fats,
201 dietary fat sources can be controlled to produce the expected meat quality.

202 Pig diets are supplemented with various types of feed additives in order to enhance the meat quality.
203 Addition of Vitamin E in the diet helps reduce the oxidation of pork and hence increase the shelf-life
204 and quality of pork meat [58]. Lately, there has been significant interest in adding high levels of Vitamin
205 D3 to improve tenderness of meat from cattle. Enright et al. (1998) in a study assessed the effects of
206 feeding high amounts of Vitamin D3 to the finishing pigs during the last 10 days before slaughter [59].
207 The results did not find any significant effects on palatability qualities. However, there was reduction
208 in drip loss and improvement in muscle color compared to the control group. The oral administration
209 of sodium bicarbonate (an oral electrolyte) has been found to reduce the cases of PSE [58]. The study

210 by Xia et al. (2017) indicated improvement in the pork meat quality with the addition of sugar can
211 extract as a feed additive [60]. Sugar cane extract administration significantly increased the *Longissimus*
212 *dori* muscle pH_{24h}, tended to reduce (p<0.01) shear force and significantly decreased drip loss, myofiber
213 cross sectional area and lactate dehydrogenase activity. Algae is also used in improving red meat quality.
214 Though algae in pigs have mainly been studied for improving immune status and gut health [61], some
215 studies have even found its impact on fat quality increasing the levels of PUFA in pork [58].

216

217 ***1.7. Pre-slaughter Handling and Slaughter Conditions***

218 Pre-slaughter activities encompass all animal-related activities and procedures from the farm to the
219 slaughterhouse, including transportation, lairage and stunning [62]. At each stage of these activities,
220 pigs are subjected to various stressors, including on-farm feed withdrawal, loading and transport, human
221 interaction, and finally slaughtering, which induces stress in pigs and results in negative changes to
222 carcass and meat quality, thus affecting overall pork meat quality. A study by Driessen et al. (2020)
223 demonstrated that pork quality is affected by housing conditions and various parameters from
224 birth on transport to lairage and slaughtering procedures [63]. The stunning and exsanguination
225 phases are crucial to prevent issues related to undesired meat appearance, such as ecchymosis and
226 petechiae [40]. The important pork characteristics that are impacted by pre-slaughter stress include
227 colour, ultimate pH, water holding capacity, shelf-life, tenderness, which are of significant importance
228 in meat science and technology industry [64]. Pale, soft, exudative (PSE) and dark, firm, dry (DFD)
229 meats are the two major issues faced by meat industry impacting the value of quality of pork meat and
230 is correlated with how the animals were treated before slaughter [65,66]. Both of these conditions are
231 undesirable to consumers due to the subpar quality of the meat and low standard of processing for
232 further processed products [67]. The two most widely used stunning methods for pigs are; Carbon
233 dioxide (CO₂) and electrical stunning; There is a difference in the quality of meat. CO₂ stunning is
234 considered a more advantageous method than electrical stunning in terms of pork meat quality and
235 economics. Electrical stunning causes great physiological stress in pigs, increasing postmortem muscle
236 activity and the release of catecholamines into the blood [68,69]. This results in accelerated glycogen
237 metabolism, leading to a rapid pH decline and low water-holding capacity (WHC) [27], thus increasing

238 the likelihood of PSE pork [70]. Marcon reported that electrically stunned pork had higher cooking loss
239 and lightness (L^*) values. On the other hand, CO_2 stunning has a higher muscle water retention capacity
240 and less drip loss compared to electric stunning. CO_2 stunning appears to be economically advantageous
241 as it reduces PSE meat and lowers the incidence of petechiae [71], thus reducing losses due to disposal
242 at the slaughterhouse [72].

243

244 **2. After-slaughter factors influencing pork meat quality**

245 ***2.1. Chilling and electrical stimulation***

246 Many postmortem factors affecting pork quality have been studied, among them cooling and
247 electrical stimulation (ES) of the carcass [73,74]. Because PSE muscle occurs when muscle
248 proteins are denatured by high temperature and low pH immediately after death [75], reducing
249 early postmortem metabolism, temperature, and pH decrease can reduce PSE and produce
250 higher quality products [76,77]. Rapid cooling can quickly reduce temperature and improve
251 pork quality by reducing PSE myogenesis [76,78]. Accelerated cooling methods include flash
252 or cryo-cooling, hot fat trimming, cold water showers, etc., and typically involve accelerated
253 processing using liquid nitrogen, propylene glycol, or cryogenic cooling systems [77].
254 Although these are all expensive processes, there are conflicting results regarding their impact
255 on pork quality. Previous studies have confirmed that the L^* value of quick-frozen pork is
256 lowered compared to regular chilled pork, improving meat color and quality [76,79]. However,
257 previous studies, including those by Gigiel and James [80], reported that cold muscle
258 toughening can occur during rapid cooling [81,82]. Electrical stimulation is a method that can
259 reduce this cold-temperature muscle toughening [74,83]. Several studies have shown that
260 electrical stimulation can improve meat tenderness by increasing the rate of pH drop, creating
261 conditions where cold toughness cannot occur [84–86]. However, it was also reported that the
262 use of electrical stimulation was associated with the problem of increasing pork carcass drip
263 loss, suggesting that the effect of electrical stimulation on pork quality may be ambiguous, and
264 that the correlation between cooling and electrical stimulation requires further research [82,85].

265

266 **2.2. Meat Aging**

267 Aging is a method that enhances the sensory attributes tenderness, juiciness, and flavor of
268 fresh meat by postmortem proteolysis [87]. The aging process happens to do so through
269 changes in the composition and content of different flavor precursors in the meat [88]. Aging
270 is generally classified into vacuum and dry aging. Wet-aging by vacuum packaging is the
271 widely adopted method across the industry [89]. Setyabrata et al. (2021) in their study
272 evaluated the effects of aging methods (wet-aging, conventional dry-aging, and UV-light dry-
273 aging) and found similar results [89]. Instrumental tenderness was similar across all the three
274 treatments ($p < 0.05$); however dry-aging and UV-light dry-aging had a greater water-holding
275 capacity than wet-drying. The consumer panel was unable to discern any differences in overall
276 similarity and sensory attributes across the treatments, even though the metabolomics analysis
277 revealed more flavor- related compounds in dry-aged meat. However, the results from another
278 study suggested that both dry and wet-aging methods affect pork meat quality differently [90].
279 Though dry aging resulted in greater pH, redness values and moisture content, it exhibited
280 lower drip loss and texture profiles.

281

282 **2.3. Storage Conditions**

283 Freshness is one of the most crucial considerations for consumers buying meat [91] since meat is one
284 of the most perishable foods because of its high-water content. Freezing, which has seen significant
285 advancements over the past century, is a widely adopted preservation method to preserve pork meat and
286 facilitate the meat trade [92]. One of the positives of freezing is that it prevents microbial deterioration
287 at temperatures lower than -12°C , thus extending the product's shelf life [93]. In the meat industry, the
288 value of meat exports worldwide is presently over US\$ 13 billion, and freezing is crucial to guaranteeing
289 the safety of meat provided to all parts of the globe [92]. The freezing process can also degrade the pork
290 meat quality because of formation of ice crystals, affecting microstructure of frozen meat, due to
291 repeated cycles of freeze-thawing [94]. Freeze-thawing cycles arise due to temperature fluctuations or

292 mishandling during storage, retail display, transportation, etc. [95]. The repeated freezing-thawing
293 cycles damage the muscle integrity and structure [96], causing destruction of cells and resulting in
294 release of enzymes promoting protein and lipid oxidation, leading to discoloration and deterioration in
295 flavor, affecting the pork meat quality [40,97]. However, the impact of freezing and thawing on pork
296 texture appears to be a subject of discussion [40].

297

298 **Conclusion**

299 Consumer demands are constantly evolving, and optimizing meat quality is essential to meet these
300 demands. It is important to consider various aspects such as taste, texture, and nutritional value to supply
301 products that satisfy consumers. With the increasing demand for pork, sustainable production and
302 quality optimization are becoming increasingly important. Research that considers both production
303 processes and quality improvement is needed. This will help develop efficient and environmentally
304 friendly production methods while enhancing the quality of meat. Multiple factors influence the quality
305 of pork, and these factors are often interconnected. For example, genetic characteristics can affect feed
306 supply conditions and dietary choices, while gender can influence intake and growth rates.
307 Understanding these interactions is crucial. While past studies have mainly focused on the impact of
308 individual factors, optimizing pork quality requires understanding the complex interactions among these
309 factors. Therefore, future research should focus on integrated studies that consider these interactions.
310 Through such research, comprehensive consideration of various factors influencing pork quality can be
311 achieved, thereby meeting consumer demands and achieving sustainable production and quality
312 optimization.

313 **Declarations**

314 **Ethics approval and consent to participate**

315 This article does not require IRB/IACUC approval because there are no human and animal
316 participants.

317

318 **Competing interests**

319 No potential conflict of interest relevant to this article was reported.

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575 **Table**576 **Table 1.** Feed and feed additives that affect pork quality and their effects.

Feed/Additive	Impact on Flavor/Aroma	Impact on Meat Quality	References
Fish Oil	Direct transfer of flavor/aroma to meat	Not specified	[55]
Algae	Improves fat quality, possibly impacts flavor	Increases levels of PUFA	[58,61]
Vitamin E	Not specified	Increases shelf-life and quality (Reduces oxidation, enhances shelf-life and quality)	[58]
Vitamin D3	Not specified	Improves tenderness, reduces drip loss, improves color	[59]
Sodium Bicarbonate	Not specified	Reduces cases of PSE	[58]
Sugar Cane Extract	Enhances sweetness	Increases pH _{24h} , reduces shear force, decreases drip loss	[60]

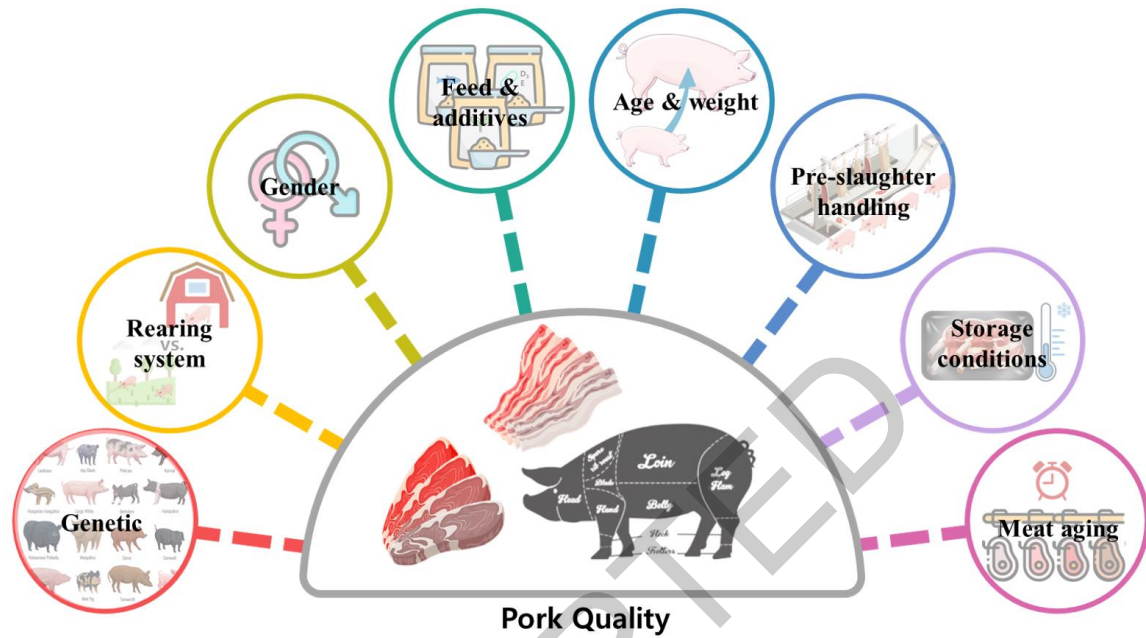
577

ACCEPTED

578 **Figure**

579 **Fig. 1. Schematic diagram of factors affecting pork quality** (Generated using images from

580 freepik.com)



581

ACCEPTED