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8 **Feeding of reduced vitamin premix negatively affects laying performance and**
9 **vitamin contents in chicken eggs**

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29 **Abstract**

30 This study was conducted to investigate effects of diets with varying levels of vitamin premix on egg
31 production, eggshell quality, and vitamin contents in eggs of commercial laying hens. A total of 144
32 Hy-line Brown layers at 45 weeks old were randomly divided into four groups (six replicates, 6 birds
33 for each group) and fed diets containing different levels of vitamin premix for eight weeks. Laying hens
34 in the control group received diet containing 100% vitamin premix (0.1% in experimental diet). The
35 other three groups received diet containing 75%, 50% or 0% of vitamin premix compared to control,
36 respectively. Egg production and daily egg mass in layers fed diet without vitamin premix were
37 significantly lower ($p < 0.01$) than those in the control group during the second half of the experiment
38 (four weeks). Linear trend for egg production was determined with increasing dietary vitamin premix
39 levels during the same period. There was no significant difference in feed intake or blood profile among
40 groups. Significant linear and quadratic improvement for eggshell strength and thickness were found
41 with increasing dietary vitamin premix level at 4 and 6 weeks of the experiment ($p < 0.05$).
42 Concentrations of riboflavin and α -tocopherol in eggs obtained from the control group were
43 significantly higher than those of the group fed a diet without vitamin premix ($p < 0.05$). These results
44 suggest that reducing more than 50% or withdrawal of vitamin premix in layer diet did negatively affect
45 egg production or egg qualities as the period of deprivation increased. To produce healthy chicken eggs,
46 it is recommended to feed a diet that contains sufficient levels of vitamin premix.

47 **Keywords:** Vitamin premix, Laying performance, Egg quality, Riboflavin, Laying hen

48 INTRODUCTION

49 Vitamins are organic compounds required in minute amounts for normal metabolism and production in
50 animals [1]. Because vitamins cannot be synthesized by host animals to meet their requirements, they
51 must be supplied through diets [2]. Most feedstuffs used for poultry diet are rich in energy and protein
52 but lack sufficient amounts of micro element or certain vitamins [3]. In addition, the availability of
53 different vitamins in feedstuffs varies considerably [4]. Vitamin analysis in feedstuffs is time consuming
54 and costly. Thus, vitamin premix is usually supplemented at recommended levels. Normally vitamin
55 premix contains 12 essential vitamins for poultry to meet recommended levels of vitamins and ensure
56 normal function and productivity [5].

57 Vitamin premix needs to be applied in adequate amounts without deficiency or adverse effects on
58 productivity [6]. Recently, the supply and price of vitamins are changing rapidly in the global market.
59 Thus, attention is focused on applying appropriate levels of vitamin premix into poultry diets because
60 vitamins are among the most expensive feed ingredients. Some studies have determined effects of
61 vitamin premix removal on growth performance of broiler chicks. Chickens fed diets lacking vitamin
62 premix exhibit reduced weight gain, feed efficiency, and survival rate [7]. On the contrary, Moravej et
63 al. [8] have reported that reduction or withdrawal of vitamin premix in broiler diets does not affect
64 growth performance during the finishing period. Such discrepancy might be due to differences in raw
65 material compositions of basal diet and duration of withdrawal. Furthermore, only limited information
66 is available on dietary effects of reduction or withdrawal of vitamin premix on egg production, egg
67 qualities, and nutritional quality of eggs in commercial layers. Thus, this study was conducted to
68 determine effects of absence or reduction of vitamin premix in corn soybean meal-based layer diet on
69 egg production, egg quality, and some vitamin contents in chicken eggs.

70 MATERIALS AND METHODS

71 *Animals, diets, and management*

72 A total of 144 45-week-old Hy-line brown layers were randomly assigned to four groups (36 layers for
73 each group) so that egg production was similar for each group. They were fed diets with different levels
74 of vitamin premix during eight weeks. Treatments consisted of four experimental diets containing 1,000
75 mg, 750 mg, 500 mg, or 0 mg vitamin premix/kg of diet. Laying hens in the control group received diet
76 with 100% vitamin premix (0.1% in experimental diet). The other two groups received a diet containing
77 75% or 50% of vitamin premix compared to control, respectively. The fourth group of layers received
78 the basal diet without supplemental vitamin premix. Layers were housed in wire cages. Each replicate
79 comprised six cages with six birds in each cage. The formula and chemical compositions of
80 experimental diets are shown in Table 1. All diets were formulated to meet and exceed the nutrients
81 requirements of NRC (1994). Experimental diets and water were provided for *ad libitum* consumption.
82 Vitamin contents in premix are described in Table 2. A room temperature of $22 \pm 3^{\circ}\text{C}$ and an artificial
83 lighting of 16 h were maintained throughout the entire experimental period. The experimental protocol
84 was approved by the Institutional Animal Care and Use Committee of Konkuk University (KU21140).

85 *Egg production*

86 Diets were freshly added every day and feed intake was recorded weekly by replicate. Eggs were
87 collected at a fixed time every day. The number and weight of eggs laid were recorded every day during
88 the experimental period. Abnormal eggs were excluded from egg weight measurement. Egg mass was
89 calculated as hen-day egg production multiplied by the average egg weight.

90 *Egg quality*

91 Egg quality was determined bi-weekly during the post-molting experiment (at 2, 4, and 6 week of
92 experiment). Five eggs from each replicate were collected, weighed, and stored overnight at room
93 temperature (20°C) for subsequent analyses. The breaking strength of each sampled egg was measured
94 using a DET-6000 digital egg tester (Nabel Co., Ltd., Kyoto, Japan). Eggshell thickness without shell

95 membrane was measured using a micrometer (Digimatic micrometer, series 547-360, Mitutoyo, Japan).
96 Egg yolk color was determined by comparison with a Roche yolk color fan (Hoffman-La Roche, Basel,
97 Switzerland). Albumen height was also measured using the DET-6000 digital egg tester (Nabel Co.,
98 Ltd., Kyoto, Japan). Haugh unit calculation was then performed.

99 *Blood profiles*

100 At the end of the experiment, one bird was randomly selected for each replicate and blood was drawn
101 from a wing vein. Serum was then obtained after a gentle centrifugation (2,000 x g for 15 min). Serum
102 samples were stored at -20°C until analysis. Levels of serum albumin, globulin, total cholesterol, and
103 triacylglycerol were measured using an automatic blood analyzer (Labospect 008AS, Hitachi, Japan).
104 Glutamic pyruvic transaminase (GPT) and glutamic oxaloacetic transaminase (GOT) levels in serum
105 samples were measured according to a colorimetric method as previously described [9].

106 *Analyses of riboflavin and α -tocopherol*

107 All eggs laid on the last day of the experiment were collected. Two eggs obtained from each replicate
108 were broken. Egg yolk was separated from the respective egg white and homogenized using a food
109 blender for α -tocopherol analysis. Another two eggs also were broken and whole eggs were used for
110 riboflavin analysis. An HPLC (Nexera 40 series UHPLC, Shimadzu, Tokyo, Japan) equipped with a
111 diode array detector (DAD), a autosampler, a dual pump, and a YMC C30 column (150 × 4.6 mm, 3
112 μ m; YMC, Wilmington, NC, USA) was used for α -tocopherol analysis as previously described [10].
113 Samples were scanned (180–800 nm) with a 0.05 min (1 s) response time at a detection wavelength of
114 295 nm. An HPLC (Nanospace SI-2, OSAKA SODA, Tokyo, Japan) equipped with an autosampler, a
115 pump, a UV detector, and a PDA detector system was used for riboflavin analysis.

116 *Statistical analysis*

117 Data were analyzed by the GLM procedure of SAS with cage lot (six adjacent cages) as experimental
118 unit for evaluating egg production, egg quality, and vitamin contents in eggs. Individual layers were
119 considered as unit for blood profiles. Orthogonal polynomial contrasts were used to determine linear

120 and quadratic effects of dietary vitamin premix levels on responses measured. Statistical significance
121 was accepted at $p < 0.05$.

122

123 **RESULTS AND DISCUSSION**

124 Laying performances of hens fed diets with varying levels of vitamin premix are presented in Table 3.
125 There was no significant difference in egg production or daily egg mass among groups during the first
126 four weeks of experiment. Egg production and daily egg mass in the control group were significantly
127 higher ($p < 0.01$) than those in hens fed diet without vitamin premix during the second half of the
128 experiment (the second four weeks). A linear trend for egg production with increasing dietary vitamin
129 premix levels was found during the same period. Egg weight and feed intake were not affected by
130 dietary treatment.

131 As shown in Table 4, diets with varying levels of vitamin premix did not influence any egg quality
132 parameters when measured at 2 weeks of the experiment. A linear trend for yolk color with increasing
133 dietary vitamin premix level was found during the same period. Eggshell strength and thickness for
134 hens fed diet without vitamin premix were significantly lower ($p < 0.05$) than those for hens in the other
135 three groups at 4 and 6 weeks of the experiment. Significant linear and quadratic improvement for
136 eggshell strength and thickness with increasing dietary vitamin premix levels ($p < 0.05$) were found.
137 However, Haugh unit was not affected by dietary treatment.

138 Results from broilers regarding effects of vitamin premix withdrawal on growth performance are
139 conflicting. Chickens fed diets lacking vitamin premix exhibit reduced weight gain, feed efficiency, and
140 survival rate in some studies [7]. Conversely, Moravej et al. [8] did not find any significant effects of
141 reduction or withdrawal of vitamin premix on growth performance during the finishing period.
142 Information is limited concerning effects of reduction or withdrawal of vitamin premix on egg
143 production and egg quality measurements in commercial layers. It appears that withdrawn of vitamin
144 premix, especially riboflavin, negatively affects laying performance [11]. Long-term riboflavin

145 deficiency can reduce egg production, egg weight, and body weight of layers [12]. Our results revealed
146 that reduction more than 50% or withdrawal of vitamin premix in layer diet did negatively affect egg
147 production and egg qualities as the period of deprivation increased. Most vitamins are not stable. They
148 can undergo significant deterioration during storage [5]. Vitamin availability in plant feedstuffs is often
149 very low [13]. The calculated riboflavin value of basal diet used in this study appears to barely meet the
150 riboflavin requirement [3,5]. Considering these, a part of the decline in laying performance might be
151 due to insufficient supply of riboflavin.

152 Blood profiles of hens fed diets with varying levels of vitamin premix are presented in Table 5. There
153 were no significant differences in concentrations of albumin, globulin, total cholesterol, or
154 triacylglycerol among groups. A linear trend for serum albumin with increasing dietary vitamin premix
155 level was found. Activities of serum GOT and GPT as indicatives of tissue damages were not affected
156 by dietary treatment.

157 In most studies, blood biochemistry and immune criteria of poultry were not affected when vitamin
158 premix was reduced or removed from experimental diets. For example, Deyhim and Teeter [7] did not
159 find any significant effects of reducing vitamin premix on humoral immune response. In addition,
160 removal of vitamin premix in broiler diets had no adverse effect on immunocompetence or antibody
161 titer production over a relatively short period [14]. In the present study, relative weights of thymus and
162 bursa of Fabricius were not influenced by dietary treatment (data not shown). Studies about long-term
163 effects of vitamin premix withdrawal on immune criteria and blood biochemistry in commercial laying
164 hens are limited. The possibility of impaired immune index should not be precluded. Further studies are
165 needed to clarify effects of diets containing various levels of vitamin premix on immune criteria of
166 commercial laying hens.

167 Contents of riboflavin and α -tocopherol obtained from hens fed diets containing varying levels of
168 vitamin premix are presented in Table 6. The level of α -tocopherol of eggs obtained from the control
169 group was significantly higher than those of groups with vitamin premix reduction of more than 50%
170 or withdrawal of vitamin premix ($p < 0.001$). A significant linear increment for egg α -tocopherol with

171 increasing dietary vitamin premix level was found. The level of riboflavin of eggs obtained from control
172 group was significantly higher than that of the group fed diet without vitamin premix ($p < 0.05$).
173 Similarly, a linear trend for riboflavin content with increasing dietary vitamin premix level was found.
174 Naber and Squires [11] have reported that riboflavin levels are dropped within several days in egg from
175 layers fed diets without riboflavin or all supplemental vitamins. Another study has also found that egg
176 riboflavin concentration is rapidly decreased after feeding diets without riboflavin supplement [12].
177 These studies have suggested that riboflavin concentration in egg albumen can be used to assess
178 nutritional status of laying hens [11,12]. In the present study, the riboflavin content of eggs was affected
179 by dietary levels of vitamin premix, in agreement with those results. As expected, levels of α -tocopherol
180 in experimental diets were reflected in concentrations of this vitamin in egg obtained each group.
181 Scheideler et al. [15] have reported that egg yolk α -tocopherol is increased linearly with vitamin E
182 supplementation, although dietary levels are not different from those in the present study. Chicken eggs
183 are one of the most common daily foods. They contain most of the essential vitamins except for vitamin
184 C [16]. Vitamin E is a natural fat-soluble antioxidant that tends to bring about storage stability of eggs
185 [17]. Eggs low in riboflavin and α -tocopherol are less attractive to consumers who consider their health.

186

187 **CONCLUSION**

188 Overall, reducing more than 50% or withdrawal of vitamin premix in layer diet did negatively affect
189 egg production or egg qualities. From results of the present study, it is recommended to feed a layer
190 diet containing sufficient levels of vitamin premix to produce healthy chicken eggs with a long shelf
191 life.

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Table 1. Formula and chemical compositions of experimental diets¹⁾

| Items | Control | T1 | T2 | T3 |
|---------------------------------|---------|-------|-------|-------|
| Ingredients, % | | | | |
| Corn | 54.69 | 54.72 | 54.74 | 54.79 |
| Soybean meal, 45% | 23.68 | 23.68 | 23.68 | 23.68 |
| Rapeseed meal | 1.10 | 1.10 | 1.10 | 1.10 |
| Rice bran | 2.00 | 2.00 | 2.00 | 2.00 |
| DDGS | 4.00 | 4.00 | 4.00 | 4.00 |
| Animal fat | 2.10 | 2.10 | 2.10 | 2.10 |
| Lysine-HCl, 78% | 0.10 | 0.10 | 0.10 | 0.10 |
| DL-methionine, 99% | 0.18 | 0.18 | 0.18 | 0.18 |
| Tricalcium phosphate | 1.52 | 1.52 | 1.52 | 1.52 |
| Limestone | 9.98 | 9.98 | 9.98 | 9.98 |
| Salt | 0.25 | 0.25 | 0.25 | 0.25 |
| Vitamin premix ²⁾ | 0.10 | 0.075 | 0.05 | - |
| Mineral premix ³⁾ | 0.10 | 0.10 | 0.10 | 0.10 |
| Choline-Cl, 50% | 0.10 | 0.10 | 0.10 | 0.10 |
| NaHCO ₃ | 0.10 | 0.10 | 0.10 | 0.10 |
| Total | 100.0 | 100.0 | 100.0 | |
| Calculated values ⁴⁾ | | | | |
| CP, % | 16.50 | 16.50 | 16.50 | 16.50 |
| Ca, % | 4.10 | 4.10 | 4.10 | 4.10 |
| Avail. P, % | 0.43 | 0.43 | 0.43 | 0.43 |
| Total Lys, % | 0.92 | 0.92 | 0.92 | 0.92 |
| Total TSAA, % | 0.74 | 0.74 | 0.74 | 0.74 |
| AME _n , kcal/kg | 2,750 | 2,750 | 2,750 | 2,750 |

232 ¹⁾Control, a group received a diet containing 0.10% vitamin premix; T1, a group received a diet containing 0.075%
233 vitamin premix; T2, a group received a diet containing 0.05% vitamin premix; T3, a group received a diet
234 without any vitamin premix.

235 ²⁾Vitamin mixture provided the following nutrients per kg of control diet: vitamin A, 10,000 IU; vitamin D₃, 3,500
236 IU; vitamin E, 10 mg; vitamin K₃, 3 mg; vitamin B₁, 2 mg; vitamin B₂, 6 mg; vitamin B₆, 4 mg; vitamin B₁₂,
237 0.0235 mg; pantothenic acid, 10 mg; folic acid, 0.82 mg; nicotinic acid, 30 mg.

238 ³⁾Mineral mixtures provided the following nutrients per kg of diets: Mn, 25 mg; Zn, 50 mg; Fe, 60 mg; Cu, 10
239 mg; Co, 0.15 mg; Se, 0.10 mg.

240 ⁴⁾Calculated values are based on raw materials.

Table 2. Specification of vitamin premix used in this study

| Vitamins | Contents, per kg |
|-------------------------------|------------------|
| Vitamin A, IU | 10,000,000 |
| Vitamin D ₃ , IU | 3,500,000 |
| Vitamin E, ppm | 10,000 |
| Vitamin K ₃ , ppm | 3,000 |
| Thiamin, ppm | 2,000 |
| Riboflavin, ppm | 6,000 |
| Niacin, ppm | 30,000 |
| Pantothenic acid, ppm | 10,000 |
| Vitamin B ₆ , ppm | 4,000 |
| Vitamin B ₁₂ , ppb | 23.5 |
| Biotin, ppm | 120 |
| Folic acid, ppm | 820 |

242 **Table 3. Egg productivity of laying hens subjected to diets containing varying levels of vitamin premix^{1,2)}**

| | Dietary treatments | | | | SEM | P values | | |
|-----------------------|--------------------|--------------------|-------------------|-------------------|-------|----------|-----------|-------|
| | Control | T1 | T2 | T3 | | Linear | Quadratic | ANOVA |
| 1~4 weeks | | | | | | | | |
| Egg production, % | 86.0 | 81.6 | 83.0 | 82.2 | 2.718 | 0.320 | 0.562 | 0.648 |
| Egg weight, g/egg | 61.0 | 61.6 | 60.2 | 62.6 | 0.892 | 0.433 | 0.359 | 0.281 |
| Daily egg mass | 52.3 | 50.3 | 50.1 | 50.7 | 1.703 | 0.426 | 0.529 | 0.763 |
| Feed intake, g/bird/d | 113.8 | 114.0 | 112.2 | 113.3 | 0.944 | 0.447 | 0.877 | 0.525 |
| 5~8 weeks | | | | | | | | |
| Egg production, % | 80.0 ^a | 76.4 ^{ab} | 78.5 ^a | 65.7 ^b | 2.833 | 0.005 | 0.092 | 0.006 |
| Egg weight, g/egg | 61.9 | 61.0 | 60.5 | 60.4 | 0.848 | 0.192 | 0.827 | 0.604 |
| Daily egg mass | 49.5 ^a | 46.7 ^{ab} | 47.5 ^a | 39.8 ^b | 1.965 | 0.005 | 0.168 | 0.010 |
| Feed intake, g/bird/d | 102.2 | 94.4 | 102.7 | 91.8 | 3.400 | 0.125 | 0.779 | 0.078 |

243 ¹⁾ Control, a group received a diet containing 0.10% vitamin premix; T1, a group received a diet containing 0.075% vitamin premix; T2, a group received a diet
 244 containing 0.05% vitamin premix; T3, a group received a diet without any vitamin premix.

245 ²⁾ Data are presented as least square of mean of six replicates with six birds per replicate.

246 ^{a,b} Mean values with different superscripts within the same row differ significantly at $p < 0.05$.

247 **Table 4. Egg quality of laying hens subjected to diets containing varying levels of vitamin premix^{1,2)}**

| | Dietary treatments | | | | SEM | P values | | |
|---------------------------------------|--------------------|-------------------|-------------------|-------------------|-------|----------|-----------|--------|
| | Control | T1 | T2 | T3 | | Linear | Quadratic | ANOVA |
| 2 weeks | | | | | | | | |
| Eggshell strength, kg/cm ² | 3.9 | 3.9 | 3.8 | 3.7 | 0.199 | 0.500 | 0.694 | 0.884 |
| Eggshell thickness, mm | 47.5 | 47.1 | 45.7 | 45.7 | 0.795 | 0.083 | 0.867 | 0.293 |
| Haugh unit | 88.7 | 86.4 | 85.3 | 86.7 | 0.669 | 0.294 | 0.378 | 0.564 |
| Yolk color | 7.8 | 7.2 | 7.3 | 7.2 | 0.160 | 0.014 | 0.197 | 0.052 |
| 4 weeks | | | | | | | | |
| Eggshell strength, kg/cm ² | 4.0 ^a | 4.1 ^a | 3.8 ^a | 2.9 ^b | 0.232 | 0.003 | 0.014 | 0.004 |
| Eggshell thickness, mm | 46.7 ^a | 47.5 ^a | 46.6 ^a | 41.1 ^b | 0.885 | <0.001 | <0.001 | <0.001 |
| Haugh unit | 90.5 | 90.0 | 89.1 | 89.6 | 1.277 | 0.518 | 0.830 | 0.888 |
| Yolk color | 8.5 | 8.1 | 8.1 | 8.0 | 0.154 | 0.013 | 0.482 | 0.086 |
| 6 weeks | | | | | | | | |
| Eggshell strength, kg/cm ² | 3.9 ^a | 4.0 ^a | 3.9 ^a | 2.8 ^b | 0.258 | 0.010 | 0.026 | 0.010 |
| Eggshell thickness, mm | 45.5 ^a | 46.7 ^a | 46.1 ^a | 41.3 ^b | 0.787 | 0.003 | <0.001 | <0.001 |
| Haugh unit | 89.6 | 93.2 | 90.1 | 89.7 | 1.305 | 0.945 | 0.073 | 0.199 |
| Yolk color | 8.5 | 8.5 | 8.1 | 7.9 | 0.169 | 0.020 | 0.293 | 0.060 |

248 ¹⁾ Control, a group received a diet containing 0.10% vitamin premix; T1, a group received a diet containing 0.075% vitamin premix; T2, a group received a diet
 249 containing 0.05% vitamin premix; T3, a group received a diet without any vitamin premix.

250 ²⁾ Data are presented as least square of mean of six replicates with six birds per replicate.

251 ^{a,b} Mean values with different superscripts within the same row differ significantly at $p < 0.05$.

252 **Table 5. Blood profiles of laying hens subjected to diets with varying levels of vitamin premix^{1,2)}**

| | Dietary treatments | | | | SEM | P values | | |
|---------------------------------|--------------------|-------|-------|-------|--------|----------|-----------|-------|
| | Control | T1 | T2 | T3 | | Linear | Quadratic | ANOVA |
| Albumin, <i>g/dL</i> | 2.28 | 2.08 | 2.13 | 1.90 | 0.089 | 0.019 | 0.708 | 0.063 |
| Globulin, <i>g/dL</i> | 2.35 | 2.38 | 2.58 | 2.58 | 0.118 | 0.138 | 0.752 | 0.394 |
| Total cholesterol, <i>mg/dL</i> | 51.5 | 54.8 | 59.0 | 64.0 | 5.604 | 0.133 | 0.659 | 0.454 |
| Triacylglycerol, <i>mg/dL</i> | 467.0 | 531.8 | 532.5 | 453.3 | 55.594 | 0.958 | 0.228 | 0.646 |
| GOT, <i>U/L</i> | 221.8 | 205.3 | 207.8 | 213.5 | 18.330 | 0.708 | 0.578 | 0.922 |
| GPT, <i>U/L</i> | 5.08 | 5.23 | 5.20 | 5.10 | 0.120 | 0.787 | 0.334 | 0.781 |

253 ¹⁾Control, a group received a diet containing 0.10% vitamin premix; T1, a group received a diet containing 0.075% vitamin premix; T2, a group received a diet
 254 containing 0.05% vitamin premix; T3, a group received a diet without any vitamin premix.

255 ²⁾Data are presented as least square of mean of six birds per treatment.

256 **Table 6. Vitamin contents in eggs of laying hens subjected to diets containing varying levels of vitamin premix^{1),2)}**

| | Dietary treatments | | | | SEM | P values | | |
|--|--------------------|---------------------|---------------------|--------------------|-------|----------|-----------|--------|
| | Control | T1 | T2 | T3 | | Linear | Quadratic | ANOVA |
| α -tocopherol, mg/100g egg yolk | 3.716 ^a | 3.326 ^{ab} | 2.922 ^{bc} | 2.570 ^c | 0.130 | <0.001 | 0.292 | <0.001 |
| Riboflavin, mg/100g whole egg | 0.156 ^a | 0.137 ^{ab} | 0.113 ^{ab} | 0.100 ^b | 0.012 | 0.003 | 0.685 | 0.021 |

257 ¹⁾ Control, a group received a diet containing 0.10% vitamin premix; T1, a group received a diet containing 0.075% vitamin premix; T2, a group received a diet
 258 containing 0.05% vitamin premix; T3, a group received a diet without any vitamin premix.

259 ²⁾ Data are presented as least square of mean of six eggs per treatment.

260 ^{a,b,c} Mean values with different superscripts within the same row differ significantly at $p < 0.05$.